

WBC Opportunities
Early Head Start Center
Well Child Exam
6-12 Months

Name _____
 DOB _____
 Age of child _____

HEAD START HEALTH REQUIREMENTS	NUTRITIONAL ASSESSMENT/EDUCATION
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This child is required to have a complete physical examination, including height/weight, head circumference and vision/hearing screening. **A HgB/HCT is required at 6 months and 12 months. A TB Questionnaire is required at 12 months. A Lead Questionnaire is required at 6 months. A Lead Level is required at 12 months.** These items are required based on Texas Health Steps Medical Checkups Periodicity Schedule. Please complete this form, sign, date and send with the parent.

Y N COMMENTS (If concerns, explain below)

WIC
 Formula (type _____)
 Amt. _____ oz. q _____ hr.

HISTORY/PARENTAL CONCERNS

Breast Feeding (frequency q _____ hr.)
 Solids: _____
 Feeding Problems
 Bowel Problems

ALLERGIES

NKDA
 Allergies:

SCREENING

MEDICATIONS

No regular meds No Chronic problems
 Current meds: Chronic problems

TB Questionnaire Pass Fail
 Lead Questionnaire) Pass Fail
 Gross Hearing Pass Fail
 Gross Vision Pass Fail
 PDQ or complete Denver Pass Fail NA
 (req. x 1 at 7-12 mos., preferably at 9 mos.)
 Dental Screening Pass Refer

MENTAL HEALTH SCREENING

Excessive crying/colic
 Family stresses
 Day care (if yes, where? _____)
 Other (see comments)
 Good self esteem
 Normal sleeping

Explain Comments

PHYSICAL EXAM

(Plot Ht., wt, HC on growth curve)

Ht. _____ in _____ % Temp _____
 Wt. _____ lb _____ % Pulse _____
 HC _____ cm _____ % Resp. _____

N	A	NE	COMMENTS
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Explain significant/Abnormal PE findings

			General (nl appearance / behavior)
			Skin (no birthmarks)
			Head (fontanelle / face / symmetry / sutures)
			Eyes (Red reflex/Corneal light reflexes Cover Test nl)
			Oral Health teeth/gums nl
			Ears (external / TM's: clear, mobile)
			Teeth/Nose/pharynx/mucous memb. (clear)
			Neck (no masses, full ROM)
			Lungs (BS = and clear)
			CV (RRR, No murmur, nl S1, S2)
			Abdomen (no HSM, no masses, good BS)
			Genitalia (F): (nl anatomy, no discharge)
			(M) testes ↓ ↓ <input type="checkbox"/> L <input type="checkbox"/> R, No hernias
			Anus (nl position)
			Extremities (symmetrical mvt, full ROM)
			Spine/Hips (stable, no hip clunk)
			Neurologic Muscle tone nl bilat.
			HIS-47 DTRs 2+bilat. (biceps, patellar, Achilles)

